

Physical Medicine Rehabilitation

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Re: Lawrence Gold

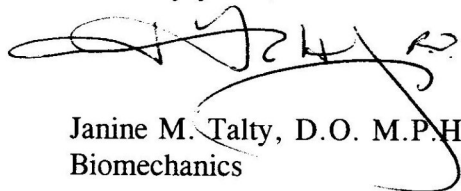
Dear Sirs:

This is a letter to recommend Mr. Lawrence Gold in the highest regard. Lawrence is, by training, first an accomplished massage therapist and a certified Hanna Somatic Educator. He has worked at the Wellness and Rehabilitation Center since my coming there in August, 1996. He has assisted us in treating a very diverse and multiple-injured patient population. The majority of the patients seen at the Wellness Center are those who have usually defied a diagnostic agreement amongst physicians. The referrals that I have made to Lawrence were people that I felt were suffering from complex motor behavior abnormalities that had to do with muscle imbalance and the lack of motor control. His utilizing Hanna Somatic Re-education has allowed these patients to regain what the chronicity of their injuries has taken from them. We know that muscles can be pain generators. Muscles suffering from neurologic altered input can react in two ways. The first is by becoming hypertonic and short, and the other is by becoming reflexly inhibited and flaccid.

Lawrence's treatment techniques and keen eye in evaluation have been a key modality in which to use in order to restore balance to these altered systems. Lawrence's ability to both diagnose, educate, and restore a better understanding with patients is his best attribute. He is well written, well-spoken, and is an asset to have as a key staff member in a multi-disciplinary approach to musculoskeletal injury and chronic pain.

In closing, I recommend Mr. Lawrence Gold with the highest regard and would be happy to speak to any of those reading this letter in person in more detail.

Sincerely yours,



Janine M. Talty, D.O. M.P.H.
Biomechanics

JMT:ml